

The Implementation of *Ubudiyah* in Building the Religious Character of Junior High School Students in East Lampung

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Abstract

The implementation of Islamic education has the main goal of forming religious character in students. This positive character is certainly highly expected by teachers and parents. The existence of a worship program (*ubudiyah*) is one of the teachers' efforts to shape students' religious character. This research was conducted in Wasilatul Huda Islamic Junior High School East Lampung. The objectives of this research are: (1) to explain and describe the process of planning skills for a worship program (*ubudiyah*) in forming religious character students at the school. (2) describe and explain the implementation of the worship program (*ubudiyah*) in forming the religious character of the students. (3) Explain the evaluation of the implementation of worship skills (*ubudiyah*) to build religious character. This research uses a qualitative research approach with descriptive research. The triangulation (interviews, observations, and documentation) was used to collect data. Data was collected through interviews with school principals, teachers and students of Wasilatul Huda Islamic Junior High School East Lampung who were used as research subjects. Then it is supported by observation data and strengthened by documentary evidence. Then the data analysis used qualitative data analysis involved data reduction, data presentation and drawing conclusions. The habits that have been carried out include: *dhuhur* and *dhuba* prayers in congregation, reading prayers before and after learning, applying 5S every day, namely smiling, greeting, being polite, courteous and greetings when the class has a teacher coming, reading *Asmaul Husna* together. students and teachers every morning before studying, memorize *juz amma* every Monday, and clean the school, both the school yard and the room

INTRODUCTION

Character building is a national education achievement plan. The government emphasized the urgency of national education in the National Education System Law no. 20 of 2003 has a balanced role in order to prosper all members of society (Hakim, 2016). One of the goals of national education is to develop the ability of students to have intelligence, character and noble character. And at the same time the Ministry of National Education (Kemendiknas) has discussed 18 values of character education that should be in the soul of the Indonesian nation, especially the students (Wulandari et. al, 2020).

Furthermore, this research focuses on the implementation of the skills of the *ubudiyah* worship program in forming religious character in students. The religious character of a school can be formed by elements of the school environment in carrying out religious activities,

especially worship. The worship skills prioritize *ubudiyah* activities, it is state that the activities lead students' religious character and can develop the values of independence and responsibility such as training mentally, emotionally, behaviorally, and forming social values on oneself and the community (Hambali & Yulianti, 2018).

This research is important to carry out because it is one way to shape religious character in students in order to improve morals which have not been taught enough by the environment, especially parents. It can increase students' spiritual understanding which can increase a person's devotion to the God and improve the quality of education which may have been far behind that of children in Islamic boarding schools.

Based on field research data, the author found that there are several activities that have been carried out with habituation at school every day, these habits include the following: *dhuhur* and *dhuba* prayers in congregation, reading prayers before and after learning, implementing 5S (*senyum, sapa, sopan, santun, salam*) every day, namely smile, greet, be polite, courteous and regards when a teacher comes, read the *Asmaul Husna* with students and teachers every morning before the learning process, when you meet the teacher, glorify them, greet and kiss their hands, memorize *juz amma* for all students every Monday, and clean the school, both school grounds and classrooms.

It is obtained that the condition of these students had several obstacles that were difficult for Wasilatul Huda Islamic Junior High School students to implement, including that not a few students still often using bad words outside of school lessons, many male students played truant during school hours. prayer, not all students can carry out the 5S (smile, greet, be polite and courteous, regards), many students are late coming to school for several reasons, such as damaged road access and houses that are far from school. The teacher's role is very important in guiding and developing students continuously so that students have good morals. The existence of character-based education for students to create character values such as discipline, responsibility, honesty and good character is increasingly needed in the implementation of worship skills (*ubudiyah*) for Wasilatul Huda Junior High School Sukadana East Lampung students in emphasizing implementation in accordance with *Ablus Sunnah Waljama'ah An Nabdliyah*.

The results of this research are relevant to several previous research results which discussed the formation of students' religious character through religious activities written by (Muhammad, 2020). The results of other research discuss the formation of students' religious character through the habit of memorizing *juz 'amma*, Hadith, and daily prayers written by

(Suryani et al., 2022). Another research discussing the role of Islamic Education (PAI) teachers in shaping students' religious character was written by (Sholeh & Maryati, 2021). The differences in previous research include the positive implications contained in the implementation of activities, there is a mechanism for increasing the religious character of students which triggers enthusiasm for learning, one of which is the habituation strategy that is often carried out. Meanwhile, this research discusses planning *ubudiyah* worship skills, implementing *ubudiyah* worship and evaluating *ubudiyah* worship in forming the religious character of students, especially Wasilatul Huda Junior High School Sukadana East Lampung.

METHOD

This research uses a qualitative approach with the research tool used is open interviews which aims to increase a better understanding of the attitudes, views, emotions and behavior of individuals and groups (Laili et al., 2023). The main aim of qualitative research is to obtain researched knowledge about the phenomenon (Adlini et al., 2022). This method prioritizes contextual and in-depth understanding of the phenomenon being studied.

This type of research approach uses field research which is seen as a broad research method that can understand all aspects of research objectives (Herman & Anhusadar, 2022). Qualitative methods are used to discover and understand basic phenomena that are often difficult to find or understand. Thus, it is hoped that this method can provide a complete explanation of the research topic. Qualitative research produces data that cannot be obtained with quantitative or statistical methods.

This research took place at Wasilatul Huda Junior High School, precisely on Jalan Cut Mutia 02, Bendungan Surabaya Udik Village, Sukadana District, East Lampung Regency, Lampung Province. Under the auspices of the Islamic education foundation Wasilatul Huda and was founded in 1997 and has developed until now. The establishment of the school functions as an alternative solution to the increasing educational problems in the local community due to the lack of educational institutions in the village.

The subjects of this research were school principals, teachers and students. The data sources obtained came from primary data sources and secondary data sources. Primary data sources were obtained from students and secondary data sources were obtained from school principals, teachers involved in the skills of the *ubudiyah* worship program and the required documentation obtained from the school. In this research, data collection used the triangulation method of interviews, observation and documentation. The sampling technique used is *snowball sampling* which means gradual sampling according to the data needed to complete the research to

completion. In the next stage the author uses data analysis in the form of data reduction, data presentation and conclusions. The time required for this research is approximately 1 month until the data, observations and interviews are complete.

FINDINGS AND DISCUSSION

The Implementation of *Ubudiyah* Worship

Based on the field research conducted, there are several activities of the *Ubudiyah* worship program that have been done with familiarization at school every day, the familiarization is as follows:

Dhuha prayer and *dhuhur* prayer in congregation. Wasilatul Huda Junior High School performs *dhuha* and *dhuhur* prayers in congregation every day to foster a religious personality except Sundays due to school holidays. *Dhuha* prayers are held at the school mosque in the morning from 07.00 to 07.30 before learning begins. Meanwhile, *dhuhur* prayers are held at the school mosque at 12.30 until they are finished and are led by the teacher council before learning is finished and students go home from school. The school requires that all members of the school, including the teacher council, students and school staff, as well as activities that are being carried out, must be stopped in order to carry out *dhuhur* prayers and *dhuha* prayers in congregation. With the aim of forming a religious character, especially the teacher council who are role models for the participants. students who observe and imitate the behavior carried out. Carrying out congregational prayers has several advantages, namely that it can make people respect each other, from the old to the young, from the smart to the not-so-smart, they can become the same saff. It can make a person more disciplined and responsible with the obligation to pray at the beginning of time, and can get closer to God based on the commands that have been stated in the Al-Qur'an and the Hadith of the Prophet.

Reading prayers before and after learning. Wasilatul Huda Junior High School Sukadana East Lampung in cultivating good personalities, students read prayers before and after studying. Prayer before studying is held in the mosque in the morning at 07.30 by reading *Asmaul Husna* together, led by students who are fluent in reading the Koran and followed by the entire school community. Then the prayer after learning is carried out in the classroom guided by the teacher who is the last to enter the classroom at 12.30 and led by the male students in turn. With this, students can train their courage in leading prayers and can train their confidence in speaking in public. The purpose of praying every day is to remember Allah SWT and be grateful for what has been given to us every day with all the physical and spiritual pleasures it provides.

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Applying 5S every day, namely smile, greet, be polite, courteous and regards when a teacher comes. The application of the 5S is a habit that must be carried out by all students at Wasilatul Huda Junior High School. Whenever students meet with teachers, they must provide 5S. For example, when the teacher orders to get something, there must be a word for help. The application of smile, greet, be polite, courteous and regards aims to instill good relations between the teacher council and students and can foster a spirit of mutual respect and respect between the school community. Therefore, it will foster good religious character in students and support the habit of *ubudiyah* worship.

Reading *Asmaul Husna* together. The reading of *Asmaul Husna* carried out by students and the entire school community every morning at 07.30 until finished after performing *dhuba* prayers in congregation and before the learning process also includes the implementation of *ubudiyah* worship skills which can shape the students' religious character. Led by religious student council students who are good at reading and followed by the entire school community. Reading *Asmaul Husna* together can increase the soul's enthusiasm and be able to know the names of Allah and ultimately be able to memorize them.

Memorize *juz amma* for all students every Monday. Wasilatul Huda Junior High School Sukadana East Lampung in forming a good personality, students memorize *juz amma* every Monday during break time at 09.30 until finished which is deposited by each homeroom teacher. Previously, the teacher led by reading together the letter that would be memorized. After reading it correctly, the students were asked to come forward one by one to memorize the *juz 'amma* and submit it to the homeroom teacher. Not just memorizing, the school also hopes that students can practice how to read the Al-Quran properly and correctly according to the rules of the science of *tajwid*, that students will get used to reading the Al-Qur'an and become motivated to be able to continue memorizing up to 30 *juz* and can grow their academic and academic knowledge. spirituality of the students themselves.

Cleaning the school, both school grounds and classrooms. The implementation of protecting the school environment, both the yard and classrooms at Wasilatul Huda Junior High School Sukadana, East Lampung, starts from the smallest of throwing away rubbish in its place. Maintaining cleanliness is carried out every day in the morning at 07.00 until finished by the students and guided by the student council. Class picketing is carried out by all students who have prepared a picket schedule for each class. Wasilatul Huda Junior High School facilitates each class with a trash box and broom. The cleanliness of the school environment will create a

comfortable atmosphere and can create order during the learning process. A clean and tidy classroom will help students concentrate more on studying, resulting in good achievement.

The habits carried out at Wasilatul Huda Junior High School Sukadana East Lampung are in accordance with research conducted by Sholeh, Slamet and Mimin Maryati in 2021 which states that there are several habits that have been carried out which are almost the same as this research, for example *Duha* prayer and *dhuhur* prayer in congregation. The applying 5S and have several external and internal factors contained in previous research.

The benefits contained in this research are developing students' understanding of good and correct worship procedures. Improving the quality of commendable morals so that being ethical at school and in the surrounding environment can become a role model for others. The positive implications contained in this research are to form religious character which becomes a habit of *ubudiyah* worship skills at Wasilatul Huda Junior High School Sukadana East Lampung.

Paragraph 1 of Article 57 of Law of the Republic of Indonesia Number 20 of 2003 concerning the National Education System states that evaluation is carried out in the context of controlling the quality of education nationally as a form of accountability of education providers to interested parties, including students, educational institutions and programs (Abdullah, 2022). Thus, educational evaluation covers all aspects, implementation procedures and educational results as a whole, and includes at least three ideas: providing judgment, value and worth.

The evaluation aims to assess the success of the character formation program based on the achievement of previously set goals (Djuanda, 2020). The evaluation results are used as input to improve optimal program implementation of the character education program. The education system in question involves elements of objectives, teaching materials, approaches, tools, learning resources, environment, and assessment procedures used. Apart from that, (Suttriso & Yulia, 2022) learning assessment is also aimed at measuring the success of learning strategies, evaluating and improving the results of curriculum programs, as well as assessing and improving the efficiency of the learning process, supporting student learning progress, identifying student potential and shortcomings, and providing data that supports the decision making process.

According to Mr. H. Suyanto as a moral aqidah teacher at Wasilatul Huda Junior High School Sukadana, East Lampung, the evaluation here explains that there are several aspects in terms of assessment, including: first, collecting absences, prayer attendance and school attendance once a week on Saturdays at 09.00 after being collected. The student council records students whose absences are incomplete and is given sanctions such as reading istighfar and reading important letters in front of the teacher's office, secondly they can practice *ubudiyah*

habits in their daily lives, thirdly they link the evaluation of *ubudiyah* learning with report card grades, fourthly, oral and written assessments are carried out by the teacher and homeroom teacher means written assessment in the form of questions and oral assessment in the form of practice and memorization, and the fifth is communicating to the parents and guardians.

Evaluation of the successful implementation of *ubudiyah* learning shows that it can increase the spiritual intelligence of students at Wasilatul Huda Junior High School Sukadana. Apart from that, it can measure the success of learning objectives and improve the results of learning program strategies. The implementation of *ubudiyah* worship learning is carried out using an interesting method so that students can easily understand the material so that it can be implemented in everyday life. Thus, based on the research results, the implementation of a special *ubudiyah* worship class has been proven to make a contribution that can shape the religious character of students.

CONCLUSION

The implementation of the *ubudiyah* worship program skills at Wasilatul Huda Junior High School Sukadana East Lampung is carried out through habituation. The author concludes that the *ubudiyah* worship program activities are going quite well along with the learning process carried out at school. Students can also improve intellectual and spiritual thinking and be able to develop religious character which is the goal to be achieved. To achieve the goal of the *ubudiyah* worship program to form religious character, three main stages are needed, namely: planning, implementation and evaluation. The habits that have been carried out include: midday and dhuha prayers in congregation, reading prayers before and after learning, applying 5S every day, namely smile, greet, be polite, courteous and regards when the class has a teacher coming, reading *Asmaul Husna* together. students and teachers every morning before studying, memorize *juʿ amma*, and clean the school, both the school yard and the room. The habits that have been implemented cannot be separated from the role of the teacher council which has guided students so that they can be applied in everyday life.

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